

THIS MONTH IN

Rockville Centre



October 1, At 7 P.M.
BOARD OF TRUSTEES

Monday, October 8
Village Offices Closed
COLUMBUS DAY

October 10, At 7:30 P.M.
BOARD OF ZONING APPEALS

October 16, At 7 P.M.
PLANNING BOARD

October 24, At 7:30 P.M.
BOARD OF ZONING APPEALS

November 5, At 7 P.M.
BOARD OF TRUSTEES

November 7, At 7:30 P.M.
BOARD OF ZONING APPEALS

Monday, November 12
Village Offices Closed in observance of
VETERANS DAY

November 20, At 7 P.M.
PLANNING BOARD

Thursday, November 22 & Friday, November 23
Village Offices Closed
THANKSGIVING

November 28, At 7:30 P.M.
BOARD OF ZONING APPEALS

Events are at Village Hall unless otherwise indicated.

Holiday Sanitation Schedule

COLUMBUS DAY WEEK

Monday, October 8, 2018

Columbus Day - No trash collection
Normal Monday/Thursday trash collection will be on Tuesday and Thursday. Normal Tuesday/Friday trash collection will be on Wednesday and Friday. Wednesday, October 10, 2018 No bulk items or paper pickup

THANKSGIVING DAY WEEK

Thursday, November 22, 2018

Thanksgiving Day - No trash collection will be on Friday, November 23, 2018
Friday, November 23, 2018 trash collection will be on Saturday, November 24, 2018. Wednesday, November 21, 2018 there will be Bulk and paper pickup.

During holiday weeks, paper products may be deposited Monday through Friday at DPW headquarters 10 Sunrise Hwy

Village Hall Hours

Cashier & Registrar 8:00 A.M. - 3:00 P.M.
Court Counter 8:00 A.M. - 3:30 P.M.
Electric/Water Billing 8:00 A.M. - 4:00 P.M.
Tax Department 8:30 A.M. - 4:00 P.M.
Closed Saturday and Sunday

PRSR STD
U.S. POSTAGE
PAID
Hicksville, NY 11801
Permit No. 70

THIS MONTH IN
Rockville Centre
One College Place, P.O. Box 950
Rockville Centre, New York 11571

Rockville Centre Goes Gold for Childhood Cancer Awareness Month



Each September, Rockville Centre renews its commitment to curing childhood cancer and offers support to the brave young people who are fighting this disease. Village of Rockville Centre Mayor Francis X. Murray issued a proclamation designating the month of September as "Childhood Cancer Awareness Month" within the Village.

"We hate to think that something like

cancer can happen to children," commented Mayor Francis X. Murray. "All parents should be aware that early symptoms for cancer in children are usually nonspecific. It is important that children have regular medical checkups and that parents address any unusual symptoms that persist."

Thousands are diagnosed with pediatric cancer each year, and it remains the leading cause of death by disease for American children under 15. For those children and their families, and in memory of every young person lost to cancer, we unite behind improved treatment, advanced research, and brighter futures for young people everywhere.

Rockville Centre resident Carol Ruchalski shared her story of losing her daughter, Mary, after a year-long battle with cancer just two days before her 13th



birthday. Carol helped to present the proclamation that recognizes the courage and compassion of children and families affected by cancer in the Village of Rockville Centre and the nation.

Keeping RVC Green with Recycling

The Village Department of Public Works oversees the disposal of an estimated 17,000 tons of garbage each year. The Village searches for new ways to dispose of waste in a sound, environmentally safe manner. To that end, the Village operates a comprehensive, curbside recycling program, removing from the waste stream those items which can be successfully recycled and collects, on average, 1,800 tons of bottles, cans and newspapers from commercial and residential locations.

"Being more sustainable in our everyday lives helps our environment now and for future generations, as well as saves our residents money," commented Mayor Francis X. Murray. "I encourage every resident and

business to take advantage of all the different recycling programs we have to offer and to Reduce, Reuse, and Recycle."

On Wednesdays, paper (including newspaper, magazines, paper & soft cover books, phonebooks, junk mail and corrugated cardboard) are to be placed curbside in the Village green recycling container. Glass, metal and plastic containers should be rinsed out and placed in a blue Rockville Centre recycling bin, a designated container with an RVC recycling sticker attached or a clear plastic bag. Collection for these items depends on your area.

The Village has implemented an E-Cycling Program to provide residents with

opportunities to recycle unwanted computer, televisions, and electronic equipment, keeping harmful toxins out of the waste stream. Every first Saturday of the month all year round from 10 A.M. to 2 P.M., residents can discard their electronic equipment at 10 Sunrise Highway.

The transfer station, on Sunrise Highway adjacent to the Public Works building, is open to the public to receive large items of trash, including furniture and appliances. The transfer station is open the first and third Saturday of the month from April until November 19th from 10 A.M. to 2 P.M. with proof of residency.

For further information or details, please log onto www.rvcny.gov or call the Department of Public Works at (516) 678-9288.



School is open, please drive...and walk carefully!



Remember, speed limits around our schools are 20 miles per hour, whether you are on a side street or a main road. Please take steps to slow down to protect our children and your neighbors. In addition, all drivers moving in either direction must stop for a stopped school bus, which is picking up or dropping off children. You must remain stopped until all children are clear of the roadway and the bus stop arm is withdrawn.

The Village and the Schools partnered in September, as they do every year, to provide a bicycle safety course for elementary school students. We want our children to be able to

ride their bicycles to and from school and as part of their after-school play. We want them to engage in healthy outdoor play. Rockville Centre has a number of vehicles on the road at all hours of the day and people are often in a rush. Please take note of children (and adults) on their bicycles and be careful around them and slow down. Remember to remain a safe distance from bicyclists and give them the right-of-way. Most of us grew up in an environment where we could ride bicycles freely and remain safe. Let's allow our children and other bicyclists to have the same benefit.



Around Our Community

Dr. Martin Luther King, Jr. Community Center Enjoys Summer Activities



The Dr. Martin Luther King, Jr. Community Center hosted a flurry of activities this summer. Attendees enjoyed a variety of recreational activities, as well as multiple day trips to top spots throughout Long Island. Members and

residents throughout the Village concluded the summer with the annual Community Day. Hundreds of community members came out for food, rides, dancing, games and company.

Open Monday through Saturday, 9 a.m. to 9 p.m., the MLK, Jr. Community Center serves as a vibrant neighborhood gathering place that strives to provide residents of Rockville Centre with the tools and knowledge to support their dreams. For further details about the MLK, Jr. Community Center or upcoming events and programs, please call (516) 678-9236.



Are You on The Electric Department's Life Support List?



Power outages, while inconvenient, are a fact of life. Strong storms, car accidents and warm weather can cause a disruption in service. For many of us these outages are simply a hassle, but for others, they can be life-threatening. If there is someone

in your home whose health depends on an electrically operated device, it's important that you take these necessary precautions to prepare for power outages. The first provision to make is to call the Electric Department at (516) 678-9323 or (516) 678-9221 to find out how your name can be added to the life support list. Please note, a letter from your health care provider stating you are on medical equipment is needed. In the event of a storm, customers on the life support list will be given a priority for restoration along with critical facilities and other emergencies (wires down, etc.). Other safeguards include:

- Plug electronic devices into surge

protectors, which will protect the equipment from damage due to a power surge.

- Use an uninterruptible power supply (UPS) that will provide emergency power for a period of time.
- Consider investing in a portable generator, which can power important devices in the event of an extended outage.
- Keep an adequate supply of prescription drugs and medical equipment on hand in case a storm prevents you from getting refills.
- Keep a corded landline or cell phone in your home so you can make phone calls when the power is out.
- Report outages immediately by calling (516) 766-5800.



Leaf Pickup

November 12, 2018

Bagged leaves will be collected from the curb strip as follows:

- Monday - South of Sunrise Highway
- Tuesday - North of Sunrise Highway (East of Long Beach Road)
- Wednesday - North of Sunrise Highway (between Hempstead Ave & Long Beach Road)
- Thursday - North of Sunrise Highway (West of Hempstead Avenue)

Please note that leaf pickup scheduled for Thursday, November 22, 2018 will be on Friday, November 23, 2018. The last day of leaf pickup is Friday, December 14, 2018.

Fire Hydrants

One of the first challenges that firefighters face when they arrive at a fire is finding a suitable water source that provides enough water for the type of fire they are fighting. Fire hydrants are commonly color coded to indicate that a hydrant is an adequate source for firefighting. This allows for quick decision making when they are deciding which hydrant to access. Hydrants are the property of the Village of Rockville Centre and should not be painted or used by anyone without Village approval. If you have any questions, please call the Village Water Department at (516) 678-9301.

Fall Hydrant Flushing

RVC Village water mains will be given its fall-cleaning in mid-October. Residents will be notified once specific dates are chosen. The flushing of hydrants may cause some fluctuation of water pressure and/or discolored (rusty) water to flow into homes and businesses, and although this water is perfectly safe to drink, it may stain laundry. Consumers are advised not to schedule projects, which require clear water during the entire flushing period. The water will be both chemically and bacteriologically safe to drink. Visit the Village website for specific areas and times of flushing near you at www.rvcny.us. If you have any questions, please call the Water Department at (516) 678-9301.

Fishing Festival

The DEC will host its Fall Family Freshwater Fishing Festival on Saturday, October 20th at Hempstead Lake State Park from 10 a.m. to 4 p.m. The event includes fly fishing instruction, outdoor exhibits from local fishing clubs, demonstrations, face painting, pumpkin decorating, crafts and a casting for pumpkin contest. For more information, call Hempstead Lake State Park at (516) 766-1029.

Thanksgiving Feast

Join the MLK Community Center for a Thanksgiving dinner to remember. Community members are invited to attend the feast in mid-November. For more details, including a date and time, please call the Center at (516) 678-9236.

Phillips House Celebrates 40th Anniversary

The Phillips House Museum is celebrating its 40th anniversary. A Victorian Tea will be held at the Church of Ascension, 71 North Village Avenue on October 28th at 3:30 p.m. A display of collectible and vintage tea items will be shown. Seating is limited. Tickets are \$30 each and raffles will be available. For further information, please contact Frank Seipp at (516) 674-7459.

Tax Office Announcements

Real estate tax exemptions are available to volunteer firefighters with five years or more of certified service and to veterans based on the date and type of military service. The maximum assessed value that may be exempted varies with the status of the veteran claimant: non-combat and Cold War \$724; combat \$1,206; and disabled up to \$2,412 based on the percent of disability.

Real estate tax exemptions are also available to disabled homeowners and to senior homeowners 65 and older with a 2017 gross income not exceeding \$37,400.

Applications are available online on the Village website www.rvcny.gov or, by visiting the Tax Office on the first floor of Village Hall at One College Place weekdays between 8:30 a.m. and 4 p.m. or by calling (516) 678-9242.

All applications must be completed and submitted to the Rockville Centre Tax Office, PO Box 950, Rockville Centre, N.Y. 11571-0950 with copies of all required documents no later than December, 31, 2018.

New property owners and those who have mortgages that have been satisfied, refinanced or sold to another lending institution are reminded to notify the Tax Office as soon as possible in order to avoid billing errors that may lead to penalties for late real estate tax payments.



Village Hall Commented by Trustee Edward Oppenheimer



It is back to school time and time for all the youth activities to begin. Girl Scouts, Boy Scouts, and a variety of sports programs staffed by volunteers who provide leadership and guidance for the youth of Rockville Centre. The Mayor and the Board of Trustees are always happy to recognize the winning sports teams and the Eagle and Gold award recipients. However, at the same time we all recognize the many volunteers that worked with the youth to teach and enhance the skills necessary to reach the highest goals.

As someone who grew up in Rockville

Centre, I fondly remember the scouting activities and the sports I played. I realize that this was because of the adult volunteers who took the time to lead and teach.

This Village is blessed with a Fire Department with over 330 volunteers who stand ready to assist in just about any emergency in town or to a neighboring Village that calls for mutual aid. These women and men participate in year-round training so that they are ready to assist.

We also have an Auxiliary Police force to assist our Police Department. They can be seen

during parades and special events assisting in traffic control keeping the public safe.

Some of our youth also volunteer in activities such as the Mayor's Youth Task Force and other similar programs.

Our community is as good as it is partly because of all the volunteers who spend their time and efforts to help others. I would like to personally recognize and thank all of our residents who spend their time volunteering working to keep our Village strong and vibrant.

Fall Fun at Sandel

Autumn is a great time to get involved at the Sandel Senior Center. The building hums with activity as members enjoy a wide spectrum of activities, programs and volunteer opportunities.

Get in shape this fall at Sandel with a certified instructor. A variety of classes are offered including: Yoga, Meditation, Pilates, Range of Motion, Chair Dance, Line Dance, Stretch and Balance, Core, Aerobics with Weights, and Cardio Dance. Physical exercise is not only important for your body's health, but it also helps your brain stay sharp. To further exercise your brain, members can participate in lifelong learning classes including: Headlines, Brain Fitness, The News, Tuesday Topic, as well as Talk it Out and Words of Wisdom. Members can showcase their creativity with an assortment of programs including: Center Stage Chorus, Sing a Long, Art, Knitting and Crochet, Flower Arranging, and Card Making.

On Friday, October 19th come find some hidden treasures at the Center's flea market. Join the Supper Club on Wednesday, October

24th or come down for a patriotic Veterans Day Luncheon on Friday, November 2nd. Get your holiday shopping done at the holiday craft fair on Friday, November 16th.

Please contact the Sandel Center for all regularly scheduled classes and programs that include trips, guest speakers, discussion groups, volunteer opportunities and much more. For information about the Sandel Senior Center, or any of the programs and services offered, please call (516) 678-9245.



On Friday, August 17, 2018 Senator Todd Kaminsky and Mrs. Cuomo, joined Mayor Francis X. Murray, Deputy Mayor Kathleen Baxley, Sandel Director Chris O'Leary and members of the Sandel Center for lunch at the Senior Center's "Senior People in Action" end of the year party. The Rockville Centre Department of Senior Services consistently provides essential, quality and responsive service to older adult residents and their families. Adults ages 60 plus, who live in Rockville Centre or the surrounding communities are encouraged to stop in for a tour and see if membership is right for you.

Enroll with the Village Recreation Center Online

The Village of Rockville Centre has launched a new website www.rvcny.gov where you can find helpful information, calendars of events and announcements regarding all Village Departments and Services. Click on the Recreation tab to see information specific to the Recreation Department.

In addition, the Recreation Department is pleased to offer Online Registration for most programs at www.rockvillecentre.recdesk.com. Residents are encouraged to create their "Family

Profile" on the site so that the registration process will be quick and easy. You can also purchase your Recreation Membership in advance. Check out the Individual or new Family Membership options. Program registration cannot be completed without a current Membership.

The many handy features of RecDesk will help you plan and manage your family's busy lives:

- The Main menu is user-friendly and easy to navigate.

- You can check the list of offerings based upon day of the week, age or interest. The list will include a detailed description of the activity, how many spaces remain and the class meeting calendar.

- The activity calendar gives a quick color-coded overview of the daily schedule of activities

- You can log on to your Profile at any time to view the classes for which you have registered and to review your transaction history.

- Email reminders and announcements of upcoming events will be sent to members.

- Never wait on long lines again! Register from the comfort of your home. Note: A convenience fee will be added to all credit card (MasterCard and Visa) purchases.

As always, you may still register in person at the Recreation Center. Whether you choose on-line or in-person registration, it is important to create your Family Profile in advance.



THIS MONTH IN

Rockville Centre

Published by the Village of Rockville Centre

Mayor

Francis X. Murray

Trustees

Kathleen Baxley

Edward J. Oppenheimer

Michael Sepe

Emilio F. Grillo

www.rvcny.gov



The John A. Anderson Recreation Center



Halloween Mural Painting Contest

All artists are invited to paint Halloween themes on murals, which will be displayed during the fall holidays. Boys and girls in grades three through eighth must register by October 14th at the Recreation Center for the annual contest on Saturday, October 20th from 8:45 a.m. to 12 noon. Awards are given by a distinguished panel of judges for murals which convey the best Halloween spirit!

Pumpkins and Pepperoni

It's family fun night, using your pumpkin-carving creativity while sharing a pizza dinner! This event will be held on Saturday, October 20th from 4 p.m. to 5:30 p.m. The fee is \$25 per family (up to 4 people with \$5 for each additional person). The Recreation Center will supply pumpkins, carving supplies, as well as pizza and beverages. Prizes for best pumpkins will be awarded. Pre-registration is a must!

Senator Kaminsky Golden Gathering

Join Senator Todd Kaminsky for the annual Golden Gathering Senior Health Fair on October 26th. Senior Citizen information, demonstrations and flu shots will be available at the Recreation Center from 9:00 a.m. to 1:00 p.m.



Ragamuffin Parade

Rockville Centre's Annual Halloween Ragamuffin Parade and Party will be held on Sunday, October 28th. Costumed youngsters and their parents are invited to join the parade, which starts at Parking Field 12 (corner of Long Beach Road and Sunrise Highway) and proceeds to the Recreation Center. At the Recreation Center, family members will be amazed by John Turdo's Magic show. There will be fun prizes for the most imaginative costumes. Kids can try out their Trick-or-Treat skills at the "Trunk or Treat" activity with our festive staff members! Everyone must pre-register for the parade and party at \$10 per family. In case of rain, the outdoor parade is cancelled, but the party will begin indoors at 2:30 p.m. at the Recreation Center.

Food Donations

The Recreation Center is accepting donations of canned and dry goods, as well as frozen turkeys or turkey coupons for distribution to the needy. Unwrapped toys are also welcomed for needy children during the holiday season. Donations will be gratefully accepted at the recreation office Mondays through Saturdays from 9 a.m. to 5 p.m. for the holidays and any time of the year.

Class Highlight: Power Up Your Mind

This Mindfulness course is geared to help our youngsters (especially student-athletes) become more productive and resilient in their daily lives through self-awareness, proper breathing, and positive thought selection. Presented by Gina Calabrese, former collegiate athlete and current mindset coach. Skills learned through this ten-week course, offered on Monday evenings at the Recreation Center, will be invaluable keys to your child's success in all phases of life.

Work-Out Classes

Join Sheila Clark-Hawkins in a wide array of workout options. None of the hassles of joining a gym, just pay-as-you-go for \$5. Go at your own pace and have fun! Classes are on-going throughout the year.

- Tuesdays at 7 p.m.: Total Body Workout
- Thursdays at 7 p.m.: Fitness Power Hour

Annual 5 K Run and One-Mile Family Fun Run

Join hundreds of your neighbors and friends who will be running in our Road Races through the beautiful streets of Rockville Centre on Saturday, November 10th. Register online at rockvillecentre.recdesk.com, in person at the Recreation Center or online through Active.com. Both races begin and end at the Rockville Centre Train Station. Please be advised that the 10K run will not be taking place this year.

Winter Program Registration

Registration for the Winter 2019 Program session begins Monday, November 5th for residents and returning program participants. Non-Resident registration begins on November 13th. Registration is open until classes reach their maximum enrollment. Along with our perennially popular programs such as Gymnastics, Swimming, Tae Kwon Do and Tumble-Time, you might want to try Learn to Play Chess, Happy Piano music classes, Bowling, Power Up Your Mind, Fencing, Ninja Challenge and more! Check out the schedule on our website or pick up detailed flyers at the office. Registration its quick and easy through our new registration site at rockvillecentre.recdesk.com. Programs begin on January 2nd.

DETAILED INFORMATION FOR ALL ACTIVITIES CAN BE FOUND AT THE RECREATION CENTER OFFICE OR ON THE VILLAGE WEBSITE AT WWW.RVCNY.GOV CLICK ON THE RECREATION DEPARTMENT LINK.



Wednesday is Paper Day!



Cardboard, product packaging, magazines, catalogs, and junk mail can all be recycled on Wednesdays. Please consolidate cardboard by flattening and tying.

PLEASE NOTE
Paint Disposal- Only dried out latex paint cans are accepted.
Please call 678-9288 with any further questions.
***DO NOT DISCARD USED MEDICAL NEEDLES IN HOUSEHOLD REFUSE**